

## Product information

**【Drug Facts】**



<Kyowa-Gifu-Japan>

Please be sure to read this product information carefully before use. Keep this product information in a safe place so that you can read again, when you need it.

Class 3 drugs **Magnesium Salt' Laxative** (TABLETS)

### TIFA S PLUS JYOU

#### Characteristic

Magnesium oxide collects water in the intestines and softens the stools, thereby promoting intestinal movement and natural defecation.

It is formulated with Coix seed, which has the effect of improving skin problems, and eliminates rough skin or pimples due to constipation.

| ●Active ingredients (in 6tablets/daily dose)   | Effects                   |
|--|---------------------------|
| Magnesium Oxide 2000mg .....   | Laxative ingredient       |
| Yokuinin extract 155mg .....<br>(equivalent to 2015mg as Yokuinin)   | Improving Skin Problem    |
| * As this is a crude drug, there may be some brown spots on the surface of the tablet, but this does not affect the quality. |                           |
| Pyridoxine hydrochloride 5mg .....   | Improvement of dermatitis |

- Constipation
- Relief of the following symptoms associated with constipation.

● **Indication** Dull headache, hot flush, skin roughness, eruption, loss of appetite (anorexia), fullness in the abdomen, abnormal fermentation in the intestines, and hemorrhoids.

#### **【 Precautions 】**

**【When not to use the product】**



(Failure to observe the following may result in the current symptoms worsening or adverse reactions occurring.)

**1. While taking this medicine, please do not take any of the following medicines.**

Other laxatives (purgative)

**[Consult a doctor for the following]** 

**1. The following persons should consult a doctor, pharmacist, or registered distributor before using this medicine.**

(1) Patients undergoing medical treatment from a doctor.

(2) Pregnant women or women suspected of being pregnant.

(3) The elderly

(4) Persons with the following symptoms:

Those who have severe abdominal pain, nausea, or vomiting.

(5) Persons diagnosed as having the following:

Kidney disease.

**2. The following symptoms may be adverse reactions to this medicine. If any of these symptoms occur, discontinue use immediately and consult a doctor, pharmacist, or registered salesperson with the Japanese package insert.**

| Related area           | Symptoms   |
|------------------------|--|
| Digestive organ        | Those who have severe abdominal pain, nausea, or vomiting. |
| Central nervous system | Intense sleepiness, weakening awareness                    |
| Circulatory organ      | Dizziness when standing up, decreased consciousness        |
| Respiratory organ      | Breathing difficulties                                     |
| Others                 | Muscle weakness, thirst                                    |

**3. The following symptoms may appear after taking it, so if such symptoms persist or increase. Please stop taking it and consult a doctor, pharmacist or registered salesperson with the Japanese package insert.**

Diarrhea.

4. When symptoms do not improve even after taking this medicine for about 1 week, stop taking this medicine and consult a physician, pharmacist or registered salesperson, being sure to take this instruction leaflet with you.

## ● Dosage and administration

Please take the next dose once a day with a glass of water before going to bed. However, since the degree and condition of constipation differs from person to person, use the minimum amount for the first time, and gradually increase or decrease the amount while monitoring the condition and condition of bowel movements.

| Age                                  | One dose    | Number of doses per day       |
|--------------------------------------|-------------|-------------------------------|
| adult and children 15 years and over | 3~6 tablets | once<br>(before going to bed) |
| children 11 years to under 15 years  | 2~4 tablets |                               |
| children 7 years to under 11 years   | 2~3 tablets |                               |
| children 5 years to under 7 years    | 1~2 tablets |                               |
| children under 5 years               | Do not use  |                               |

### 〈When using this product〉

- (1) Please follow the recommended dosage and directions.
- (2) This medicine should be given to children only under adult supervision.

## Precautions for storage and handling

- (1) Store in a cool and dry with less humidity place free from direct sunlight by a seal tightly.
- (2) Keep all medicine out of the reach of children.
- (3) Do not transfer this medicine to a different container. (In this case, cause misuse or change quality.)
- (4) The filling inside the container is to prevent the tablet from breaking. Please throw it away when you use it.
- (5) Please do not take products that have passed the expiration date.

**Inactive ingredients:**

Cellulose, Croscarmellose sodium, Macrogol 6000、Erythritol, Aspartame (L-Phenylalanine compound), l-Menthol and calcium stearate.

***Questions or comments?***

If you have any suggestions about this product, please contact the shop you purchased or the following address.

Consumer consultation window: Kyowa Pharmaceutical Industry Co., Ltd.

Customer consultation room ☎ 058-246-8771



Reception time 9:00~12:00・13:00~17:00 (Excluding weekends and holidays)

***[Request of limited correspondence]*** <Kyowa-Gifu-Japan>

- (1) In case of telephone consultation, please only in Japanese for a while.
- (2) The latest Japanese package insert is available on the website of Kyowa Pharmaceutical Co., Ltd. ([www.kyowa-ci.co.jp](http://www.kyowa-ci.co.jp)).

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