

# Product information

## 【Drug Facts】

 <Kyowa-Gifu-Japan>

Please be sure to read this product information carefully before use. Keep this product information in a safe place so that you can read again, when you need it.

Class 2 drugs

**Anti-allergy Agents**

( Soft Capsules)

## NOSUPOL AL SOFT CAPSULE

“Nospor AL Soft Capsules” are effective against hives, eczema, skin swelling and itching caused by rashes, and nasal allergy symptoms such as sneezing, runny nose, and stuffy nose caused by pollen and house dust. It is also effective if taken early when symptoms are mild.

### Active ingredients (in 2 Soft Capsules/daily dose)

### Effects

Azelastine hydrochloride 2mg ..... This medicine suppresses the effects of histamine and leukotrienes, which cause allergic symptoms, and alleviates allergic symptoms in the nose and skin.

## 【Uses】

- Relief of the following nasal allergy symptoms caused by pollen, house dust, etc.: sneezing, runny nose, stuffy nose.
- Relief of symptoms caused by hives, eczema and rash: skin swelling and itching.

## Precautions

### [When not to use the product]

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions are more likely to occur.)

#### 1. Do not take to the following person:

- (1) Patients who have had an allergic symptom to this medicine or its ingredients.
- (2) Children under 15 years old.
- (3) Pregnant women or women suspected of being pregnant.

**2. Please do not take any of the following medical components while taking this medicine.**

Other allergy medicines (including medicines for skin diseases and oral medicines for rhinitis), medicines containing antihistamines (cold medicines, antitussive expectorants, motion sickness medicines, hypnotic sedatives)

**3. Do not drink alcohol before or after taking this medicine**

**4. After taking this medicine, do not drive a car or operate machinery.**

(sleepiness may occur)

**5. Nursing women should either not take this medicine or stop nursing while taking this medicine.**

**6. Please do not take long-term continuously.**



**[Consultation]**

**1. The following persons should consult a doctor, pharmacist, or registered salesperson before using this medicine.**

(1) Patients undergoing medical treatment from a physician or dentist.

(2) The elderly

(3) Patients who have had an allergic symptom to this medicine or its ingredients.

(4) Persons with the following symptoms:

Oedema

(5) Persons diagnosed as having the following

Glaucoma

(6) Persons diagnosed with atopic dermatitis or atopic predisposition

(7) People diagnosed with bronchial asthma

(8) People who have cold symptoms such as fever, cough, and yellow, sticky nasal discharge.

(9) People who have rhinitis and are unsure whether it is allergic rhinitis or rhinitis caused by a cold

Or people who do not know whether their skin symptoms are due to hives, eczema, rash, or other causes such as insect bites or suppuration.

2. The following symptoms may be adverse reactions to this medicine. If any of these symptoms occur, discontinue use immediately and consult a doctor, pharmacist, or registered salesperson with the Japanese package insert.

Related area	Symptoms
Skin	Rash · Redness, Itching.
Digestive organ	Nausea/vomiting, irritation in and around the mouth, loss of appetite, heartburn, stomach discomfort, abdominal pain
Central nervous system	Fatigue, dizziness, headache, numbness in limbs
Cardiovascular system	Hot flashes on the face, palpitations
Respiratory system	Shortness of breath, dry nose
Urinary system:	Frequent urination, difficulty urinating, hematuria
Liver	Feeling tired all over the body, yellowing of the skin and whites of the eyes
Others	Edema, menstrual abnormalities

3. Your symptoms do not improve after taking this medicine for 1 week if you are using it for symptoms of rhinitis, or taking it for 3 days for skin symptoms. Please stop taking it and consult a doctor, pharmacist or registered salesperson with the Japanese package insert.
4. The following symptoms may appear after taking it, so if such symptoms persist or increase. Please stop taking it and consult a doctor, pharmacist or registered salesperson with the Japanese package insert.

Dry mouth, constipation, diarrhea, drowsiness

5. If you are taking this medicine for more than 2 weeks due to symptoms of rhinitis, please consult your doctor, pharmacist, or registered salesperson before taking it.

6. In the case of skin symptoms such as hives, eczema, or rash, if the symptoms appear to be relieved but continue for more than a week, such as by recurring symptoms, consult your doctor, pharmacist, or registered salesperson.

## 【Dosage and administration】

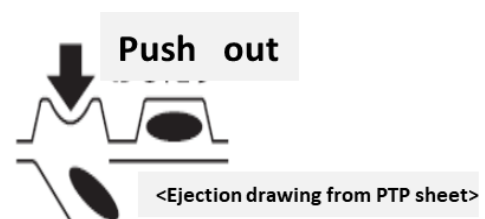
Please take the following amount with water or hot water after breakfast and before going to bed.

Age	One dose	Number of doses per day
adult and children 15 years old and over	1 capsule	2 times
children under 15 years old	Do not use	

### <Precautions regarding usage and dosage>

- (1) When using this medicine to treat symptoms caused by seasonal allergic rhinitis such as pollen, it is effective to take it as soon as the symptoms start to appear during the pollen season, when the symptoms are mild.
- (2) Please swallow quickly to avoid chewing.  
(You may experience a bitter taste.)
- (3) How to take out the capsule.

As shown in the picture on the right, press firmly on the convex part of the sheet containing the capsule with your fingertips to break the membrane on the back, remove the capsule, and take it.



(If you accidentally swallow the sheet, it may pierce the esophageal mucosa or cause an unexpected accident.)

## 【Precautions for storage and handling】

- (1) Store in a cool and dry with less humidity place free from direct sunlight by a seal tightly.
- (2) Keep all medicine out of the reach of children.
- (3) Do not transfer this medicine to a different container. (In this case, cause misuse or change quality. )

- (4) Do not take products past their expiration date. The expiry date of this drug is written on the outer box.

**【Inactive ingredients】**

Contains propylene glycol fatty acid ester, polyoxyl 35 castor oil, succinated gelatin, concentrated glycerin, and green No. 3.

**Contact information for the Relief System for Side Effects**

Pharmaceuticals and Medical Devices Agency

[http://WWW.pmda.go.jp/kenkouhigai\\_cmp/index.html](http://WWW.pmda.go.jp/kenkouhigai_cmp/index.html)

Telephone: 0120-149-931 (toll-free)

***Questions or comments***

If you have any suggestions about this product, please contact the shop you purchased or the following address.

Consumer consultation window: Kyowa Pharmaceutical Industry Co., Ltd.  
Customer consultation room ☎ 058-246-8771



Reception time 9:00~12:00・13:00~17:00 (Excluding weekends and holidays)

***[Request of limited correspondence]***      **〈Kyowa-Gifu-Japan〉**

- (1) In case of telephone consultation, please only in Japanese for a while.
- (2) The latest Japanese package insert is available on the website of Kyowa Pharmaceutical Co., Ltd. ([www.kyowa-ci.co.jp](http://www.kyowa-ci.co.jp)).

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